

# Rachel Pearl VanEtten

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## PERSONAL PROFILE

Psychotherapist, Early Childhood Mental Health Consultant, and Elementary Educator with 25 years' experience working in education and therapy environments. Support focused, with an interest in relationships and bonding, ensuring education and services are child centered and developmentally appropriate. A natural communicator with the ability to work with children and parents who have experienced trauma and crisis, as well as working in partnership and as a mentor to other education professionals. Passionate about making a difference with a huge value placed on the impact of the early childhood relational years and experiences.

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## PROFESSIONAL EXPERIENCE

**2022 - current** **Private Practice, Louisville, CO**

**Licensed Professional Counselor**

- Completing Synergetic Play Therapy Certification Program
- Created ABCs of Parenting Curriculum - 9 week parenting course offered online only

**School Based Therapist - Elementary Schools in Boulder Valley School District**

**2021 - 2022** **Mental Health Partners Kid Connects, Boulder, CO**

**School Based Therapist - Elementary Schools in Boulder Valley School District**

**2020 - 2021** **Mental Health Partners Kid Connects, Boulder, CO**

**Early Childhood Mental Health Consultant**

- Early childhood mental health consultant promoting healthy growth in young children's social and emotional development by building capacity in caregivers, teachers, and directors involved in the child's life.
- Understanding and screening for characteristics of development at different ages.
- Conducted classroom observations and engaged teachers, directors, and parents in a reflective process.
- Written reports summarizing CHLD Assessment data, plans of actions, as well as daily record keeping.

**2018 - 2020** **Treasureland Preschool, Denver, CO**

**Early Preschool Teacher**

- Implemented a child led investigation style curriculum, including Developmentally Appropriate Practice (DAP) for activities based on children's interests.
- Conscious Discipline week long course to implement and teach best social-emotional practices.
- Responsible for all classroom tasks and care including toileting, healthy eating skills, and child wellbeing.

**2017- 2018** **Montview Community Preschool, Denver, CO**

**Pre-Kindergarten Teacher Assistant**

- Took the lead role in as classroom liaison with parents including supporting them with activities, appropriate language, modeling limits and boundaries, redirecting cues, and empathy.
- Supported children through deepening play to learn and all related early childhood tasks.

**2016 - 2017** **Stanley Teacher Prep/Boettcher Teacher Residency (at PEBC)**

**Kindergarten Intern Teacher at Paddington Station Preschool, Denver CO**

- Intern teacher whilst studying full-time for an MA in Education.
- Took full co-teaching responsibility due to absence in co-teacher in the classroom.
- Planned and delivered Kindergarten lessons in line with the the State of Colorado lesson planning and curriculum requirements. Engaged in and organized extracurricular activities, concluding with a play.
- Successfully delivered a poetry curriculum, which embed math, science, music and movement.

**2014 – 2015** **Denver Public Schools, Denver CO**

**Learning for Life Curriculum Coordinator**

- Responsible for implementing a social-emotional curriculum for aftercare programs in 14 schools.
- Tailored program to the varied needs of each school, personalities of each staff member and conducted observations and gave feedback on curriculum and ideas to enhance engagement.

**2011 – 2014** **REACH Counseling Services, Denver CO**

**Psychotherapist Independent Contractor**

- Supported clients involved in the juvenile justice system referred for therapy.
- Successfully delivered crisis intervention and trauma therapy, with adolescents with trauma symptoms affect their lives and decision making.
- Intensely purposeful work that pathed the way for future work relating to the importance and impact the early years has on child development.

**2010 – 2014** **Rachel Hendricks, MA, LPC, Denver CO**

**Psychotherapist Private Practice**

- Owner of a small private practice focused on family system work.
- Developed a reputation for working with attachment issues and reconnecting family members.
- Demonstrated highly developed listening skills and the ability to see things from another person's perspective to promote healthy communication patterns and boundaries.

**2007 – 2008** **Boulder County Mental Health Centre, Boulder CO**

**Crisis Worker - Emergency Psychiatric Services**

- Placement for learning about different clinical diagnosis and the importance of community resources.
- Answered 24 hour phone line to assist clients in crisis situations to support them day to day life.
- Responsible for conducting mental status exams in local emergency rooms.

**1995 – 1997** **Dupont Elementary, Commerce City CO**

**Elementary Education Teacher 1st and 2nd Grade**

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**EDUCATION**

**2017** **Adams State University, Alamosa CO**

**Master of Arts in Education** - Early Childhood Education/Culturally and Linguistically Diverse Endorsements

**2010** **Naropa University, Boulder CO**

**Master of Arts in Transpersonal Counseling Psychology**

**1996** **University of Colorado, Boulder CO**

**Elementary Teaching Certification**

**1992** **University of New Hampshire, Durham NH**

**Bachelor of Arts in English**

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**PROFESSIONAL DEVELOPMENT**

**2011 - Trauma Focused Cognitive Behavioral Therapy - TF-CBT - Children's Hospital, Aurora, CO**

**2012 - Dialectical Behavioral Therapy – DBT - Noeticus Training Institute, Denver, CO**

**2019 - Conscious Discipline Training - Dr. Becky Bailey, Dallas, TX**

**2021 - DC:0-5 - Office of Early Childhood Training, State of CO**

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**CREDENTIALS**

**Licensed Professional Counselor**

**Early Childhood Education/Culturally and Linguistically Diverse Endorsements-** December 2017

**Initial Colorado Teaching License (Elementary Education)**

**Alternative Colorado Teaching License**